

**SENGAMALA THAYAAR EDUCATIONAL TRUST WOMEN'S COLLEGE
(AUTONOMOUS)**



SUNDARAKKOTTAI, MANNARGUDI – 614 016
(Affiliated to Bharathidasan University, Tiruchirappalli)
(Accredited by NAAC & An ISO 9001 : 2015 Certified institution)

CAPACITY DEVELOPMENT AND SKILL ENHANCEMENT ACTIVITY

1. SOFT SKILLS

http://stet.edu.in/pdf/Capacity_Development/Soft_Skill_Development.pdf

2. LANGUAGE AND COMMUNICATION SKILLS

http://stet.edu.in/pdf/Capacity_Development/Language_and_Communication_Skills.pdf

3. LIFE SKILLS(YOGA, PHYSICAL FITNESS, HEALTH AND HYGIENE)

[http://stet.edu.in/pdf/capacity_development/life_skills\(yoga,physical_fitness,health_and_hygiene\).pdf](http://stet.edu.in/pdf/capacity_development/life_skills(yoga,physical_fitness,health_and_hygiene).pdf)

4. AWARENESS OF TRENDS IN TECHNOLOGY

http://stet.edu.in/pdf/capacity_development/awareness_of_trends_in_technology.pdf

