

## BIOGRAPHY

**Ms.A.VIDHYA**

**Assistant Professor**

**STET Women's College (Autonomous)**

**Sundarakkottai, Mannargudi 614 001,**

**Thiruvarur (DT)**

**TamilNadu, India**

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1. Educational Qualifications(Matriculation and onwards)					Subjects	Specialization (if any)
Name of the Degree exam	University/ Institution/ Board	Year of Passing	Percentage of Marks	Division/ Class/CGPA		
Matriculation	BOARD	2006	77.6	I		
Intermediate	BOARD	2008	70.4	I	MATHS BIOLOGY	
Bachelor's Degree	STET WOMEN'S COLLEGE	2011	86	I	NUTRITION AND DIETETICS	
Master's Degree	STET WOMEN'S COLLEGE	2013	85	I	FOOD SERVICE MANAGEMENT AND DIETETICS	
M. Phil.	BHARATH COLLEGE OF SCIENCE AND MANAGEMENT	2018	86	I	FOOD SERVICE MANAGEMENT AND DIETETICS	

S. No	Name of the Institution	From	To	YY/MM/DD
2.	S.T.E.T Women's College (Auto), Mannargudi	03.01.2019	Till Date	4yrs 8months

## **Journal Publication**

1. Evaluation of Nutrients in the formulated milk shakes with powdered leaves of Ipomoea Batatas. *J. Sci. Trans. Environ. Technov.* 2018.

## **PROCEEDINGS**

1. A Study on Nutrient Evaluation and Consumer Acceptability of Momos Incorporated with Chia Seed, An Interventions of Biological Sciences in 21<sup>st</sup> Century.
2. A Study on Nutrient Evaluation and Nutritional importance of Garden Cress Seeds Incorporated Recipes.S.No.28
3. Nutraceutical in Eye Disorders S.No.49
4. Drinking of Tea is the Best Way for Prevention of Cancer.S.No.32

## **Paper Presented**

1.**Ms.A.Vidhya** presented a paper on International Seminar- Microbial Intervention for the Welfare of Human Beings PG & Research Dept Of Microbiology,STET Women's College, Mannargudi On August 2019.

2.**Ms.A.Vidhya** presented A Paper On International Seminar- Microbial Novel Approaches In Cancer Research And Therapy Functional Foods and their role in cancer prevention and health promotion PG & Research Dept of Biochemistry, STET Women's College, Mannargudi on September 2019.

3. **Ms.A.Vidhya** presented a paper on International Conference on Emerging Trends,Growth,Opportunities and Future in Food Processing Sector – A study on incorporation and nutrient evaluation of germinated flax seeds (*Linum usitatissimum*) powder incorporated sweet varieties,PG Dept of Food and Nutrition,Bishop Heber College(Autonomous) on April 2022.

## **Workshop Attended:**

- Participated in the Regional Workshop on Food Adulteration: Identify Your Safe Food for Good Health” organized by the Department of Nutrition and Dietetics, Sengamala Thayaar Educational Trust Women's College, Mannargudi on 27.09.17.
- Participated in the Science Academies Lecture Workshop on Current Scenario in Life Sciences organized by the PG & Research Department of Microbiology, PG & Research Department of Biochemistry and Department of Nutrition and Dietetics, Sengamala Thayaar Educational Trust Women's College, Mannargudi on 11.10.17 &12.10.17.
- Participated in the International Workshop on Research Methodology organized by the PG & Research Department of Economics and Department of Business Administration, Sengamala Thayaar Educational Trust Women's College, Mannargudion 04.01.2019.

## **Seminars/Conferences Attended:**

- ❖ One Day International Workshop on Recent Trends in Research Methods in commerce and Management organized by Swamy Dayananda College of Arts and Science and Management, Manjakudi on 08.07.2019
- ❖ International Seminar on Intellectual property Rights –Emerging Issues and Challenges organized by STET Women’s College, Mannargudi on 11.09.2019
- ❖ State Level Seminar on E-Waste Management organized by STET Women’s College, Mannargudi on 11.09.2019
- ❖ Online webinar on Covid-19 pandemic awareness programme organized by National service scheme, JJ College of Arts and Science, Pudukkottai on 02.05.2020
- ❖ Online webinar on Post Covid -19, Job opportunities and Entrepreneurial possibilities - Indian and Global Scenario - An analysis" organized by EDC Cell in association with Institution’s Innovation Council of Francis Xavier Engineering College, Tirunelveli, on 04.05.2020
- ❖ Online webinar on Awareness Programme On Novel Corona Virus – (Covid 19) & Health Management organized by Department Of Life Science, Mass College Of Arts And Science, Kumbakonam. on 07.05.2020 -08.05.2020
- ❖ Online webinar on Food and nutrition in the present scenario of Covid-19 organized by Department OF HOME SCIENCE on 13.05.2020--14.05.2020
- ❖ Online webinar on Tips and Tricks For Effective Research organized by Department of Computer Application and IQAC, Idhaya college for women, Kumbakonam on 15.05.2020
- ❖ Online webinar on "Entrepreneurship Development organized by Department of Management Studies, Department of Commerce and Entrepreneurship Development Cell with Chennai Softech - Technical Partner. On 18.05.2020
- ❖ Online webinar on Immunity booster for COVID-19 organized by Department of nutrition and dietetics, Bishop Heber college (autonomous), Tiruchirappali on 20.05.2020
- ❖ Online webinar on Nutritional awareness to Thrive in COVID-19 world ” organized by Department of Food Science and Nutrition, Periyar University, Salem - 11 on 21.05.2020
- ❖ Online webinar on Intellectual Property Rights organized by Department of Biochemistry, Department of Microbiology with Chennai Softech - Technical Partner on 22.05.2020
- ❖ Online webinar on "Internal Quality Assurance Mechanism" organized by IQAC Cell with Chennai Softech - Technical Partner. STET WOMEN’S COLLEGE MANNARGUDI on 25.05.2020
- ❖ Online webinar on Truths and Facts About Covid-19” organized by Department of Botany, Bon Secours College for Women, Thanjavur on 28.05.2020
- ❖ Online webinar on Data Analytics using Excel- Hypothesis Testing organized by Rukmini Devi Institute of Advanced Studies, Delhi. On 30.05.2020
- ❖ Online webinar on Health and Well-Being During Covid-19 Pandemic" organized by PG and Research Department Of Microbiology, Biochemistry And Nutrition & Dietetics on 04.06.2020-01.06.2020
- ❖ Online webinar on Role of management during Covid-19 organized by Internal quality assurance cell and management studies. MES College, Erumely on 10.06.2020

- ❖ Online webinar on Lifestyle and Immunity During Covid-19 organized by Department of Food Science and Nutrition, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, Nutrition Society of India, Coimbatore Chapter and
- ❖ Online webinar on Self Sustainable Farming and How to Create Online Platform For Business organized by Entrepreneurship Development Cell, S.T.E.T Women's College (Autonomous), Sundarakkottai, Mannargudi On 08.03.2021 & 09.03.2021
- ❖ Online webinar on Food Product Development - From Concept to Marketing organized by Department of Nutrition and Dietetics S.T.E.T Women's College (Autonomous), Sundarakkottai, Mannargudi 19.03.2021-20.03.2021
- ❖ Incorporation of conventional and Innovative techniques in food processing: A healthy way. organized by Department of Nutrition & Dietetics and Institution's Innovation Council, K.S.R College of Arts and Science for Women .Namakkal on 03.05.2021
- ❖ "i. Mucormycosis and its effect on post covid patients; A brief introduction to white and yellow fungi". ii). B Pharmacy, M Pharmacy & Pharm.D - Career, Scope and future prospects. organized by Organized by Chilkur Balaji College of Pharmacy (CBCP) , Chilkur Balaji College of Pharmacy R.V.S Nagar, Aziz Nagar(V), Moinabad(M), R.R.Dist. Telangana on 05-06-2021.
- ❖ Online webinar on Entrepreneurs Mentoring and Boosting your Career organized by Department of Business Administration
- ❖ Sengamala Thayaar Educational Trust Women's College, (Autonomous), Sundarakkottai, Mannargudi.16.06.2021 & 17.06.2021.
- ❖ Online webinar on Innovation and Incubation and Research challenges in india organized by IES College of Engineering ,Tirichur,Kerala 21.06.2021 to 25.06.2021
- ❖ Two-day Webinar on "Entrepreneurship Opportunities In Organic Terrace Farming And Value Addition" organized by Department of Nutrition and Dietetics, Sengamala Thayaar Educational Trust Women's College, (Autonomous), Sundarakkottai, Mannargudi.26.06.2021-27.06.2021
- ❖ Nutrition Association 12.06.2020.
- ❖ Online webinar on The paradigm in shift weight in management organized by Department of Food service management and dietetics, Cauvery college for women (autonomous) on 17.07.2020
- ❖ Two days webinar on Covid 19 and its impact on higher education and career opportunities organized by PG and Research Department of Economics, Sengamala Thayaar Educational Trust Women's College, (Autonomous), Sundarakkottai, Mannargudi 05.07.2021-06.07.2021

### **Faculty Development Programme attended**

- Participated in the Faculty Development Programme on Intellectual Property Rights (IPR) on 08.07.2019 organized by S.T.E.T Women's College, Mannargudi.
- Participated in Faculty Training Programme on "Outcome Based Education" organized by the IQAC, S.T.E.T Women's College (Autonomous), Mannargudi from 04<sup>th</sup> June 2022.
- Participated in the Three Days Faculty Training Programme on "Implementation of Outcome Based Education" organized by the IQAC, S.T.E.T Women's College (Autonomous), Mannargudi from 07<sup>th</sup> to 09<sup>th</sup> June 2022.

**Membership in other professional bodies**

- Indian Academic Researchers Association– Life member -February 2019

