

**SENGAMALA THAYAAR EDUCATIONAL TRUST WOMEN'S COLLEGE  
(AUTONOMOUS)**

**(Accredited by NAAC) | (An ISO 9001:2015 Certified Institution)**

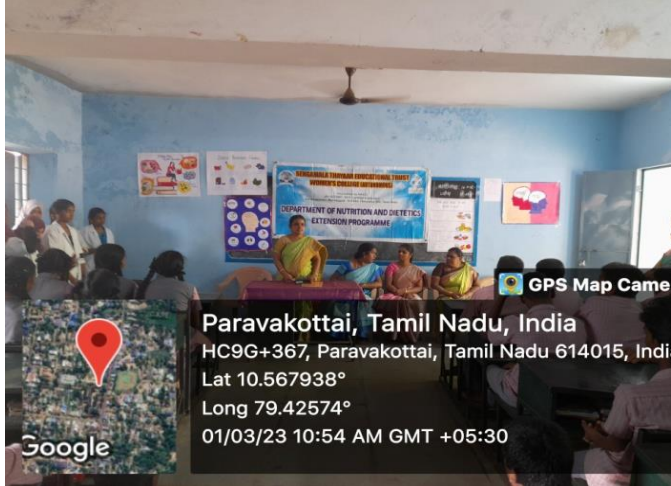
**(SILVER JUBILEE INSTITUTION)**

**SUNDARAKKOTTAI, MANNARGUDI, THIRUVARUR (DT),  
TAMIL NADU, S.INDIA.**

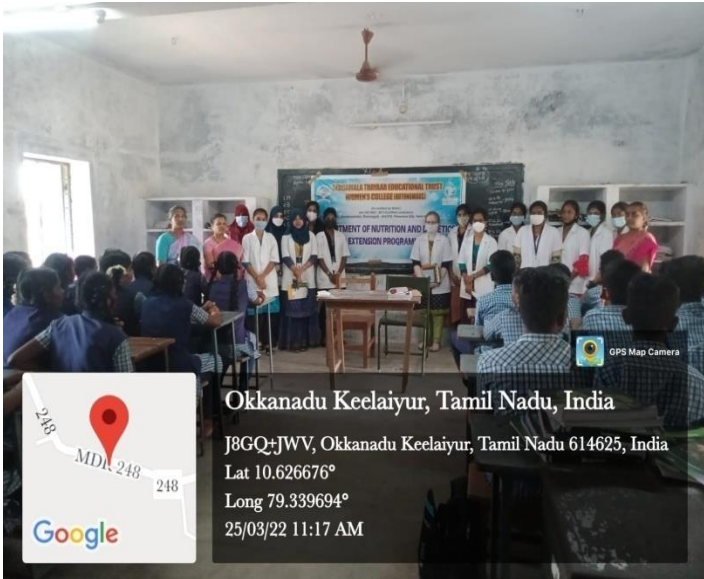


## **EXTENSION ACTIVITIES**

<b>Title of the activities</b>	<b>Organizing unit/agency/ collaborating agency</b>	<b>Date</b>	<b>Number of teachers participated in such activities</b>	<b>Number of students participated in such activities</b>
Mother's milk –The Holistic Nutrition	Nutrition and Dietetics/Primary health center Vadaseri	05.08.2022	02	82 lactating mother
Nutritional importance for expectant mothers	Nutrition and Dietetics/Primary health center Athivetti	06.09.2022	02	96 expectant mothers
Healthy Nutrition for school children	Government Higher Secondary School, Athivetti	07.09.2022	02	115 students
Healthy Diet for adolescence	Dharani Matric Higher Secondary school ,Mannargudi.	10.01.2023	02	150 students
Health and stress management	Government Higher Secondary School, Paravakottai	01.03.2023	02	124 students



Paravakottai, Tamil Nadu, India  
HC9G+367, Paravakottai, Tamil Nadu 614015, India  
Lat 10.567938°  
Long 79.42574°  
01/03/23 10:54 AM GMT +05:30



Okkanadu Keelaiyur, Tamil Nadu, India  
J8GQ+JWV, Okkanadu Keelaiyur, Tamil Nadu 614625, India  
Lat 10.626676°  
Long 79.339694°  
25/03/22 11:17 AM



Thiruvarur, Tamil Nadu, India  
66, Taluk Office Rd, Thiruvarur, Tamil Nadu 614001, India  
Lat 10.669391°  
Long 79.443979°  
10/01/23 12:30 PM GMT +05:30



**SENGAMALA THAYAAR EDUCATIONAL TRUST WOMEN'S COLLEGE**  
**(AUTONOMOUS)**  
*(Affiliated to Bharathidasan University)*  
**(Accredited by NAAC: An ISO 9001:2015**  
**Certified Institution)**  
**SUNDARAKKOTTAI, MANNARGUDI-614016.**

**DEPARTMENT OF NUTRITION AND DIETETICS**  
**ORGANIZES**  
**EXTENSION ACTIVITY ON**  
**CORONA AWARENESS PROGRAM**

**TIME: 11.00 AM TO 12.30 PM**  
**DATE: 12.02.2021**  
**PLACE : GOVERNMENT HIGHER SECONDARY SCHOOL**  
**VETTIKADU PATTUKKOTTAI**





**DEPARTMENT OF NUTRITION AND DIETETICS**

**ORGANIZING AN AWARENESS PROGRAMME**

**TITLED**

***"Immune Boosting Foods"***



**TIME: 11.00 AM TO 12.30 PM**

**DATE: 04.03.2021**

**PLACE : GOVERNMENT HIGHER SECONDARY SCHOOL  
KANNUKUDI**

