

## YOGA DAY CELEBRATION

*Date:* 21.06.2024

*Time* : 10.00 A.M

*Venue:* Thayyar Arangam,

STET Women's College (Autonomous)  
Sundarakkottai

NSS Units of STET Women's (A) College, Sundarakkottai was celebrated a festival of yoga and the theme for 2024 is **“Yoga for humanity”**. This year's theme of international yoga day will focus on the importance of yoga in serving better mental health in our life. All the NSS Volunteers, teaching and non teaching staff members of the institute and students participated in the event. Participants of all age groups participated in the event with great enthusiasm. A yoga teacher Mrs S. Kalavathi , accompanied to conduct the yoga practice.



## LACTATION WEEKN CELEBRATION

*Date:* 06.08.2024

*Time* : 9.00 A.M

*Venue:* PRIMARY HEALTH CENTRE, ULLIKKOTTAI

World Breastfeeding week Celebrated every year in August first week. NSS Unit and Government Hospital, Ullikkottai jointly celebrated the world breastfeeding week on 06.08.2024 and also create awareness to pregnancy women's and village People. To encourage breastfeeding and create awareness regarding its various health benefits for mothers and babies. 80 people are benefited in this event.



## INDEPENDENCE DAY CELEBRATION - FLAG DISTRIBUTION

*Date:* 15.08.2024

*Time* : 9.00 A.M

*Venue:* Sundarakkottai Village

Independence Day was celebrated with great enthusiasm and patriotic fervor on 15th August, 2024 in the Middle school Sundarakkottai ground with the staff, students and parents to mark the 78 year of freedom from the British rule. On this special occasion, the programme started with flag hoisting by the School Head master Mr. S. Krishnamoorthy. The NSS Volunteer distributed flags and sweets to the school students and public.





## FIELD VISIT

*Date* :03.09.2024

*Time* :2.00 P.M

*Venue:* Adhichapuram Village

Field visit was arranged by our NSS unit for first year volunteers on 03.09.2024. They visited Aadhichapuram Pannai and gathered more experience through this visit.



## CLEAN INDIA CAMPAIGN

*Date:* 23.09.2024

*Time:* 02.00 P.M

*Venue:* Sundarakkottai

NSS unit of our college invoved in cleaning activity for clean India Campaign-2024 on 23.09.2024 at 2.00 pm in Sundarakkottai Village, in which more than 50 volunteers were participated.





## TREE PLANTATION

*Date:* 24.09.2024

*Time* : 11.00 A.M

*Venue:* COLLEGE CAMPUS,

STET Women's College (Autonomous)  
Sundarakkottai

As a part of NSS day celebration a tree plantation drive was organized by NSS Unit of Sengamala Thayaar Educational Trust Women's College Autonomous, Sundarakkottai Village on 24.09.2024. The students, along with the staff, agreed to plant trees in the campus of the college. Various types of tree saplings were planted in the college premises. Total tree planted by all others including staff, NSS volunteers was more than 20 on the day



## SWACHHATA HI SEVA ACTIVITY

*Date:* 02.10.2024

*Time* : 10.00 A.M

*Venue:* Manora



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## CONSTITUTION DAY

*Date:* 25.11.2024

*Time* : 1.00 P.M

*Venue:* COLLEGE CAMPUS,  
STET Women's College (Autonomous)  
Sundarakottai

On 25th November 2024, Constitution Day was observed at our college, where 80 NSS students took the pledge to uphold the values enshrined in the Indian Constitution. The Preamble was read aloud by all participants, reaffirming their commitment to justice, liberty, equality, and fraternity. The event aimed to instill a sense of constitutional responsibility and awareness among the students.





## NATIONAL VOTERS DAY

*Date:* 25.01.2025

*Time* : 11.00 A.M

*Venue:* Thayyar arangam,  
STET Women's College (Autonomous)  
Sundarakkottai

On 25th January 2025, National Voters' Day was observed with great enthusiasm under the initiative of the NSS unit at our college. A total of 1000 participants took the Voters' Day pledge, committing themselves to uphold the democratic values of the nation and to exercise their right to vote responsibly. The event aimed to spread awareness about the importance of informed and ethical voting, especially among the youth.



## **DIWALI DERSS DONATION CAMP**

*Date:* 25.10.2024

*Time* : 11.00 A.M

*Venue:* : Adopted Villages

Dress Donation Programme was arranged on 25.10.2024. The main objective of this Programme was to donate Dress to Government School students. Dress Donation camp was conducted by NSS volunteers, NSS & Rotaract unit of STET Women's College Autonomous. The purpose of this campaign was to give new dress to government school students. The 800 school students are benefited in the dress donation camp.



## PONGAL DERSS DONATION CAMP

*Date:* 09.01.2025

*Time* : 11.00 A.M

*Venue:* Rishiyur

Dress Donation Programme was arranged on 9.01.2025. The main objective of this Programme was to donate Dress to poor people. Dress Donation camp was conducted by NSS volunteers, NSS unit of STET Women's College Autonomous. The programme was headed by the NSS Program officer Dr. A. Prabavathi, Assistant Professor along with the assistance of the members of NSS. The purpose of this campaign was to give new dress to poor people. The amount contribution of our college was Rs 3,50,000.- in which 1000 people are benefited.





## TREE PLANTATION

*Date:* 07.02.2025

*Time* : 11.00 A.M

*Venue:* Block Development office ,  
Sundarakkottai

On 7th February 2025, a Tree Plantation programme was organized by the NSS unit at **11:00 A.M.** at the **Block Development Office, Sundarakkottai**. A total of **50 NSS volunteers** actively participated in the event, planting saplings in and around the office premises. The initiative aimed to promote environmental awareness and contribute to a greener and healthier ecosystem. The programme was well-coordinated and served as a reminder of the vital role trees play in maintaining ecological balance.



## TEMPLE CLEANING

*Date:* 17.02.2025

*Time* : 11.00 A.M

*Venue:* KEELATHIRUPPALAKKUDI

On 17th February 2025, the NSS unit organized a **temple cleaning programme** at **Keelathiruppalakkudi** as part of its community service initiative. Volunteers actively participated in cleaning the temple premises, removing waste, and ensuring the surroundings were neat and hygienic. The activity aimed to promote cleanliness, preserve cultural heritage, and instill a sense of social responsibility among the students. The event was well-received by the local community and highlighted the importance of maintaining sacred public spaces.



## HEALTH HYGIENE AWARENESS

*Date:* 17.02.2025

*Time:* 10.00 A.M

*Venue:* : PANCHAYAT UNION MIDDLE SCHOOL,  
KEELATHIRUPPALAKKUDI

The NSS unit conducted a **Health and Hygiene Awareness Programme** On 17th February 2025, at **Government Middle School, Keelathiruppalakkudi**. The session aimed to educate students on the importance of personal hygiene, cleanliness, and healthy habits for overall well-being. NSS volunteers interacted with the school children through demonstrations, informative talks, and posters, emphasizing daily practices like handwashing, oral care, and sanitation. The programme was well-received and served as an important step in promoting health awareness among young students.

